



**FASD**  
NETWORK

Northwest  
Central  
Alberta

P.O. Box 125, Thorhild, AB • Fax: 780-736-2102

Adult Clinic Coordinator: Jennifer P • [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca) • Ph: 780-974-7112

**\*PLEASE READ BEFORE FILLING OUT A REFERRAL FORM\***

**The criteria REQUIRED by NWCFASD Network in order to do an FASD assessment are:**

**Confirmation of Prenatal Alcohol Exposure (PAE) MUST accompany the submission of this referral form and MUST come from one or more of the valid sources listed below:**

**If birth mother is alive, confirmation of PAE MUST come from her.**

**If the birth mother is deceased and/or cannot be located confirmation of PAE MUST be obtained from the maternal side of the family (excluding current caregiver) and/or from agency file documentation**

**1. Did birth mother consume alcohol in the amount of 7 or more drinks for seven consecutive days twice during the pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_**

**2. Did birth mother consume 4 or more drinks on at least two separate occasions during pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_**

**If you did not answer yes to either of the two questions you do not meet the criteria to have an FASD Assessment done.**

**If you answered yes to either of the two questions and the confirmed PAE comes from one of the valid sources listed above please fill out the referral form.**

Adult referrals can be faxed to 780-736-2102 or emailed to [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca)



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**Adult Assessment & Diagnostics Services Referral Form**

Date: \_\_\_\_\_

**Client Information**

Client Name: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Other \_\_\_\_\_

Name @ birth (if different from above): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ **Health Care Number:** \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Cell: \_\_\_\_\_ Other: \_\_\_\_\_

**Hospital at birth:** \_\_\_\_\_

Culture Origin: First Nations \_\_\_\_\_ Metis \_\_\_\_\_ Inuit \_\_\_\_\_ Caucasian \_\_\_\_\_ African American \_\_\_\_\_ Hispanic \_\_\_\_\_ Asian \_\_\_\_\_

Other \_\_\_\_\_

On Reserve: Yes \_\_\_\_\_ No \_\_\_\_\_

Treaty # \_\_\_\_\_ Band: \_\_\_\_\_ Registered Yes \_\_\_\_\_ No \_\_\_\_\_

**Current Support Mentor/Agency involvement**

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Has CFS ever been involved? Yes \_\_\_\_\_ (which location) \_\_\_\_\_ No \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Clinic/Location: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

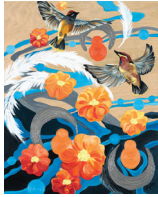
Are there any legal or pending court dates? Yes \_\_\_\_\_ No \_\_\_\_\_ If so, please provide details

\_\_\_\_\_  
\_\_\_\_\_

Has there been any assessments been completed to date? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, attach copies or list assessments and name of the professional involved

\_\_\_\_\_  
\_\_\_\_\_



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**Please check all areas of concern with brief explanation:**

Behavioral Concerns _____	Sensory Concerns _____
Learning Difficulties _____	Adaptive Living Concerns _____
Difficulties with the law _____	Social Skills Difficulties _____
Developmental Delays _____	Income Supports _____
Substance Abuse _____	Suicide attempt/Ideation _____

Abstract Concepts (time/money) \_\_\_\_\_

Hyperactivity/Impulsivity Yes \_\_\_\_\_ No \_\_\_\_\_

**What are the client's strengths and interests?** \_\_\_\_\_

**Cultural/Spiritual/Religious Activities?** \_\_\_\_\_

**Current Program Involvement**

Name of schools attended: \_\_\_\_\_

Last \_\_\_\_\_ grade \_\_\_\_\_ attended

\_\_\_\_\_ Does the client

currently attend a school or training program? Yes \_\_\_\_\_ No \_\_\_\_\_ Where \_\_\_\_\_

Is the client currently employed? Yes \_\_\_\_\_ No \_\_\_\_\_ Where \_\_\_\_\_ Part-Time \_\_\_\_\_ Full Time \_\_\_\_\_

**Health History**

**Was the client born with (or later discovered to have) any birth defects (e.g. cleft palate, congenital heart defects, clubfoot, etc.)?**

Yes \_\_\_\_\_ No \_\_\_\_\_ Unknown \_\_\_\_\_ If yes, please explain

\_\_\_\_\_  
\_\_\_\_\_

**Has the client had any Chronic Illnesses? If yes, please explain**

\_\_\_\_\_  
\_\_\_\_\_

**Has this client had any hospitalizations and or surgeries since birth? Yes \_\_\_\_\_ No \_\_\_\_\_ Where \_\_\_\_\_ If yes, please explain**

\_\_\_\_\_  
\_\_\_\_\_



Other historical health related issues	Yes	No
Physical Abuse		
Sexual Abuse		
Did a physician evaluate this?		
Emotional Abuse		
Neglect		
Witness to Violence		
Other		

**Neurological/Mental Health History**

Has this client ever had seizures? Yes \_\_\_\_ No \_\_\_\_ Head injury leading to unconsciousness? Yes \_\_\_\_ No \_\_\_\_

Bed-wetting or soiling after 8 yrs old? Yes \_\_\_\_ No \_\_\_\_ Is this still continuing today? Yes \_\_\_\_ No \_\_\_\_

CT or MRI scan of brain? Yes \_\_\_\_ No \_\_\_\_ if yes where was this completed? \_\_\_\_\_

**List of Current Medications/Treatments:**

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**Pregnancies of Biological Mother (including miscarriage and abortion)**

Year	Length of pregnancy	Name of child	Born Alive		Normally Developed		Behavioral/Learning Problems	Other Diagnosis
			Yes	No	Yes	No		

**If more space is needed, please use “Additional Information” on page 7**



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**Biological Family History**

Birth Mother: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

**At time of Client's birth:**

Age: \_\_\_\_\_ Marital Status \_\_\_\_\_

Living Situation/Accommodations \_\_\_\_\_

History of: Learning/Employment Difficulties: \_\_\_\_\_

Birth Father: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

History of: Learning/Employment Difficulties: \_\_\_\_\_

**Substance Use History**

Describe birth mother's life 1 year before client was born: \_\_\_\_\_

Describe birth mother's social life at the time of the pregnancy: \_\_\_\_\_

Did the birth mother have any chronic illnesses, mental health related concerns, and stress related circumstances during the pregnancy? If so, please describe

\_\_\_\_\_  
\_\_\_\_\_

What part of her pregnancy was the alcohol consumed? 1<sup>st</sup> trimester \_\_\_\_\_ 2<sup>nd</sup> trimester \_\_\_\_\_ 3<sup>rd</sup> trimester \_\_\_\_\_

How many alcoholic drinks were consumed throughout the pregnancy? 4-9 drinks 10+ drinks

How often was alcohol consumed throughout the pregnancy? Daily Weekly Monthly

What types of alcohol (beer, wine, coolers, and liquor) did birth mother consume during pregnancy? \_\_\_\_\_

What types of and how often were solvents, if any, did birth mother drink during pregnancy. Solvents are things like mouthwash or cleaning supplies that contain alcohol. \_\_\_\_\_

Did the birth mother use drugs during the pregnancy?

- Stimulants (Cocaine, Crack, Ecstasy, Meth, etc) \_\_\_\_\_
- Opiates (Fentanyl, Heroin, Oxycodone, Methamphetamines) \_\_\_\_\_
- Marijuana, Hallucinogens \_\_\_\_\_
- Prescription Medication (Pain Killers, Antipsychotics, Anticonvulsants, etc) \_\_\_\_\_

During which part of the pregnancy? 1<sup>st</sup> trimester \_\_\_\_\_ 2<sup>nd</sup> trimester \_\_\_\_\_ 3<sup>rd</sup> trimester \_\_\_\_\_



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Did the birth mother smoke cigarettes during the pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_

How many cigarettes per day? \_\_\_\_\_

During which part of her pregnancy? 1<sup>st</sup> trimester \_\_\_\_\_ 2nd trimester \_\_\_\_\_ 3rd trimester \_\_\_\_\_

**Source of this information (full name, relationship to the client, contact info)**

\_\_\_\_\_

**Present Situation**

Please describe history of contact with birth parents, siblings, maternal extended family and paternal extended family:

\_\_\_\_\_

\_\_\_\_\_

List all the persons living in the client's current home and their relationship.

Name	Age	Relationship to Client

