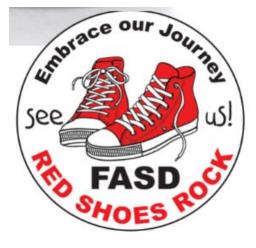
# NORTHWEST CENTRAL FAS NETWORK

3rd Quarter July, August, September 2022

## FASD Awareness Day, September 9

Due to the number of activities and participants, we actually celebrate all month long. This 3<sup>rd</sup> Quarter newsletter is dedicated to our hard working Network and contract staff (WJS, Slave Lake, Hinton Adult Learning Centre and Healthy Families Healthy Futures). Following is a list of all the events across our large Network region and some wonderful photos showing our terrific team in action.



 North Zone, contracted to WJS Slave Lake: WJS partnered with Bigstone Cree Nation to provide Suicide Awareness to 2 communities in the nation, Wabasca, Sept 9 and Chipewyan Lake, Sept.
This included BBQ's, a walk, community education and professional development. WJS had a table as well as participating and representing in all of the activities. Slave Lake's paper The Lakeside Leader did an interview with the WJS frontline workers about

FASD and was in the paper for the week of September 9<sup>th</sup>, 2022

- 2. In our West Zone, contracted to Hinton Adult Learning Centre; on Sept. 7, 6-8 pm, they joined the Hinton annual Information and Registration fair with an exhibitors table and a Mocktail Challenge.
- 3. Our Central Zone Zone contracted to Healthy Families Healthy Futures: participated with an exhibitor's table at the Westlock Rotary Spirit Centre from 6-8 pm on Sept. 7 for the 2022 Community Showcase Night. They did their annual Mocktail Challenge as well with community businesses at this event.
  - In Calling Lake this agency participated in Bigstone Cree Nation's Suicide Awareness Walk with an exhibitor's table on Sept. 8.
  - A display table was set up in Barrhead for their Community Night on Sept. 8 and another set up in Whitecourt for their Community Night in Whitecourt on Sept. 9.
  - A table was set up at the Swan Hills Community information Fair by our very own Pediatric Clinic Coordinator, Sharon Pearcey.
- 4. For the WRaP 2.0 Project we hosted Hotdog Lunches and information sessions/exhibitor tables at the following schools:
  - a. Alexis Nakota Sioux Nation Elementary and the High School, Sept. 7
  - b. Paul Band First Nation School, Sept 22
  - c. Onoway elementary, Sept 26



Alexis Nakota Sioux Nation Elementary and Junior/Senior High Hotdog Lunch sponsored by Co-op in Barrhead and hosted by WRaP 2.0 (Angela Kemble) and Prevention Conversation (Debbie Kensington, HFHF, Sept 7, 2022)



Healthy Families Health Futures representing the NWCFASD Network's FASD Mentorship and the Parent Child Assistance Program, PCAP, in our Central Zone with a Mocktail Challenge.



HFHF and Westlock Victim's Services Unit/RCMP team up for a Community Information Dav Onoway's Community night "Making the Connection", HFHF was there with information and Mocktails!

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# Slave Lake, AB, Canada

#### FASD awareness throughout September

Pearl Lorentzen

Lakeside Leader

"More and more people need to understand the impact of FASD," says Andrew Achoba, about FASD (Fetal Alcohol Spectrum Disorder) awareness month in September. FASD impacts people's brains, their ability to connect with other people, and the community, he adds.

Achoba runs the WJS Canada office in Slave Lake. This provides support for people with FASD in Slave Lake, Wabasca, and the back lakes.

People in Slave Lake, Wabasca, and area live with FASD everyday, says Achoba. Support programs have to be tailored to their needs.

"This is real," says Achoba. "We see it. We acknowledge it."

FASD Awareness Day is September 9, but WJS in Slave Lake doesn't just engage the communities it serves on that day.

"It's a whole-month event for us," says Achoba. WJS in Slave Lake is involved "to bring awareness and capture the good work our staff are doing on the ground."

WJS started on August 10 by being part of the Treaty Day parade in Wabasca. It flew the FASD banner and talked to people about FASD.

On September 7 and 9, WJS will be part of suicide prevention events in Chipewyan Lake and Wabasca. These are in partnership with Bigstone Cree Nation.

Later in September, it is doing a presentation in Trout Lake. More events in the area will be confirmed the week of September 5 to 9.

Part of each FASD awareness presentation is a red shoe display.

3<sup>rd</sup> Annual NWCFASD Network Regional Art Contest ended September 30<sup>th</sup>. Over 50 submissions this year, up from 10 in 2021 and up from 20 in 2020. Watch for beautiful and inspiring Arts and Crafts work in our next newsletter, on our web and Facebook pages and in our calendars.

Mallory Zaharko representing HELP and NWCFASD Network at the Hinton Information Fair.





### WE ARE RECRUITING

<u>Note</u>: The security of the phone line is not guaranteed. Contact us about the study. Don't post if concerned a bout privacy.

- Adults aged 19 and older
- Adults with Fetal Alcohol Spectrum Disorder (FASD) aged 19 and older

CONTACT US email: adulthealth.fasdeubc.ca phone: 604-809-5574 Located in Vancouver, BC



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