

NORTHWEST CENTRAL FASD NETWORK

2nd Quarter April, May, June 2022

Welcome to the second edition of the NWCFASD Network newsletter for 2022. To the right you will see left to right (Willow Burk, Mallory Zaharko and Carole Haubi) representing the NWCFASD Network and Hinton Adult Learning Centre at the Edson Trade Show on April 29 & 30th. NWCFASD Network and our contract partners Hinton Adults Learning Centre, Healthy Families Healthy Futures and WJS in Slave Lake do many of these community events throughout the year to bring FASD awareness and build FASD capacity in the communities we serve.



NWCFASD Network 3rd Annual Arts and Crafts Contest is running from June 1 to September 30th, 2022. Submissions may be displayed on our social media platforms, in our newsletter, on our Christmas cards and in our calendars. Winners will receive gift cards up to \$250 from Walmart. Pictures of submissions to angelak@nwcfasd.ca with name, email, address and title of piece.



"Let's Get Real" program available to schools now. This partnership between NWCFASD, HIV Edmonton, Options, NorthReach, Dragonfly Counselling, Hinton Friendship Centre and contract partners Hinton Adult Learning Centre, Healthy Families Healthy Futures and WJS Slave Lake will bring valuable information to students about: sex, STIs, consent, contraception, healthy relationships, sexual crimes, FASD, substances and pregnancy. Most of all it will provide resources and connection. Very flexible program, book with angelak@nwcfasd.ca

WELCOME OAKHILL RANCH

We are very pleased to be bringing Oakhill Ranch, a therapeutic campus-based program for youth, into the folds of our In Reach program this fall with staff training, FASD assessments and WRaP 2.0 for the in house school



Thank you to our Funders for the generous Grants received this year; we couldn't do it without you:

\$5000 Woodlands Country FCSS,

\$7000 Slave Lake FCSS,

\$80,000, Edmonton Community Foundation,

\$75,000 Department of Women and Gender Equality

NWCFASD had their AGM on Thursday June 9, 2022, via Zoom, from 9 – 10 am. Leadership Network and contract staff as well as stakeholders and members attended. Matricia Brown and Rod Freeman from our Leadership team graciously offered the opening and closing prayer with Vernice Aitken, chair, providing the Land Acknowledgement. Our auditor, Brad Lussier of JSG Accounting in Barrhead gave us a clean financial bill of health.

Highlights from the 2021/22 AGM were:

30 Pediatric clinics and 36 Adult clinic completed, and 5 Neuropsychological Assessments

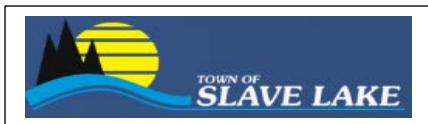
87 Prevention Conversations

69 WRaP 2.0 presentations and Instructional Coaching Sessions

325 individual clients, 41 PCAP clients, and 40 Caregivers supported

\$62,000 in Grants received

New services offered: Gladue Reports, Designated Capacity Assessing, and Restorative Circles



Alphonse and Lisa, ECEll, BH.Ecol., MSc. (above right)

Lisa Balcaen is a parent, researcher, educator, and passionate advocate for family well-being. Through consultation, custom professional learning, or guest speaking, she offers individualized education, support and resources for parents, teachers, ECEs, service providers, community organizations and agencies wishing to enhance their knowledge and best practice in working with individuals and families with FASD (Fetal Alcohol Spectrum Disorder).

Lisa believes that the journey of parenting or supporting a child's development is complex and often filled with unexpected twists and turns. Through knowledge sharing and collaborative problem solving, people can feel empowered to support children and families in reaching their full potential. Through strengthened relationships and enhanced capacity building, hope can flourish and lead to greater overall well-being.

Lisa lives in Lorette, Manitoba, with her spouse, two children, a dog, a small flock of chickens, and four goats where her passions for well-being and connections to nature collided to form her private practice, "The Nature of Being". A place where people can rejuvenate their soul, infuse some joy, and feel empowered through various leisure and lifelong learning opportunities in a nature based setting.

<https://journals.sagepub.com/doi/full/10.1177/03085759211050044>,

<https://www.youtube.com/watch?v=cVtCA8Nlc7Q>

