

NWCFASD NETWORK

Quarterly Newsletter
January, February, March 2020

The 12 FASD Networks have been approved by the existing provincial government leaders to submit grant applications for 3 year terms as opposed to the prior annual format. This is great news for staff, contract agencies and clients. NWCFASD plans to alter their strategic and

operational planning and Request for Application cycles to align with grant application dates, streamlining the process for effectiveness and efficiency.

NWCFASD Leadership met to finalize our 3 year strategic and operational plans on March 19,

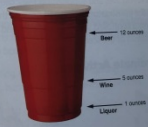
HEALTH AND LIFESTYLE

WHY FIREFIGHTERS NEED TO KNOW ABOUT FASD

By Angela Kemble

Fetal Alcohol Spectrum Disorder (FASD) is a life long, organic brain, whole body disability that affects approximately four percent of the Canadian population. This disability occurs when babies are exposed to alcohol through maternal consumption during pregnancy. There is no known safe time, no known safe kind, and no known safe amount of alcohol for pregnant women to consume. It is widely recommended that women abstain from all forms of alcohol while attempting to become pregnant and throughout their pregnancy. It is also very important that partners, family and friends support Mom in having a healthy pregnancy.

	Beer	Wine	Spirits
Ounces	12 oz	5 oz	1.5 oz
% of alcohol	5%	12%	40%



Welcome aboard the Leadership Team: Bev Cotton & Taryn Montague, Whitecourt; Heather Gulka Athabasca; and Erica Jagodinsky representing our entire North Zone. With our 14 member Leadership team we now have healthy representation across our entire geographic region and from diverse population.

In 2019 we received a \$10,000 grant from the Prevention Conversation Program to bring FASD awareness to firefighters across Alberta. With these funds we have attended and exhibited at 3 provincial fire fighter conferences, and placed advertisements in 2

provincial and 1 national magazine, see right. We wrote a 4 page article that was included in The Responder and The Canadian Fire Chiefs, see above. The article can be read on the online version of these magazines, and was distributed in hard copy to all fire houses in Alberta and across the country



Fetal Alcohol Spectrum Disorder

- Awareness & Prevention
- Education & Training
- Assessment & Diagnostics
- Support for Individuals and Caregivers

FASD connections across Alberta

 Northwest Central Alberta **780.305.8827**
angelak@nwcfasd.ca

PCAP TO EXPAND TO IN REACH PROGRAM

Yet another branch of service
NWC FASD is offering to
corrections facilities in Northern
Alberta

NWC FASD Network is presenting to PCAP Council on April 6 to discuss moving forward with providing PCAP services to women residing in justice facilities..

The In Reach program,, established in 2017, has expanded from the original 4 corrections facilities to currently being offered in 10, with talks for an additional 4. The program offers, all or in part, the following services for FASD; annual staff training, monthly/bi-monthly sharing circles for inmates; clinics in facility, informed

release planning; and connection to informed community supports.

The Parent and Child Assistance Program, PCAP, is a logical evolution of services for incarcerated women who are at risk for, or may have, issues with drugs and alcohol. No prior diagnosis or suspicion of

FASD is required and clients can stay with the program for 3 years with transfer to PCAP services through their region's FASD Network upon release. With the program's strong element of prevention we hope to reduce further alcohol impacted births for this population.

Alexis Nakota Sioux Nation LIVE Project Celebration (Living Indigenous Values Everyday), TBA

A huge thank you to Sherry LeTendre and Bev Latter for making this project possible and for all their hard work throughout its duration. NWC FASD Network wishes you all the best in your future endeavors.

NWC FASD has addressed the Covid 19 Pandemic through the following actions: all staff to work from home; no face to face client contact; cancellation of all face to face meetings and clinics; suspension of In Reach program; creation of a State of Emergency policy; creation of a Business Continuity Plan; creation of Work From Home guidelines for staff; regular community support updates; regular webpage and Facebook updates. Daily reviews of Covid 19 situation and as needed revision to our response.

Thank You for All Your Support

