



## **\*PLEASE READ BEFORE FILLING OUT A REFERRAL FORM\***

The criteria **REQUIRED** by NWCFASD Network in order to do an FASD assessment are:

**Confirmation of Prenatal Alcohol Exposure (PAE) MUST accompany the submission of this referral form and MUST come from one or more of the valid sources listed below:**

- If birth mother is alive, confirmation of PAE **MUST** come from her.
- If the birth mother is deceased and/or cannot be located confirmation of PAE **MUST** be obtained from the maternal side of the family (excluding current caregiver) and/or from agency file documentation
- Biological father or his family **CANNOT** provide PAE confirmation

1. Did birth mother consume alcohol in the amount of seven drinks or more per week at least twice during pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_

2. Did birth mother consume four or more drinks at a time on at least two separate occasions during pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_

If you did not answer yes to either of the two questions you do not meet the criteria to have an FASD Assessment done.

If you answered yes to either of the two questions and the confirmed PAE comes from one of the valid sources listed above please fill out the referral form.

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Referrals can be faxed to 1-855-962-3273 or emailed to [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca)

If you have any questions, regarding Pediatric Clinic contact [sharonp@nwcfasd.ca](mailto:sharonp@nwcfasd.ca)

780-284-3415, for adult clinic [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca) 780-974-7112



**FASD** | Northwest  
**NETWORK** | Central  
 Alberta

Box 5389, Westlock, ab, T9P 2P5

Pediatric Clinic, [sharonp@nwcfasd.ca](mailto:sharonp@nwcfasd.ca), 780-284-3415

Adult Clinic [jennp@nwcfasd.ca](mailto:jennp@nwcfasd.ca), 780-974-7112

**Assessment & Diagnostics Services Referral Form**

Date: \_\_\_\_\_

**Referral Source:**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

**Client Information**

Client Name: \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_ Other \_\_\_\_\_

Name @ birth (if different from above): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ **Health Care Number:** \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

**Hospital at birth:** \_\_\_\_\_

Primary language spoken 1. \_\_\_\_\_ 2. \_\_\_\_\_

**Culture Origin:** First Nations \_\_\_\_\_ Metis \_\_\_\_\_ Inuit \_\_\_\_\_ Caucasian \_\_\_\_\_ African American \_\_\_\_\_

Hispanic \_\_\_\_\_ Asian \_\_\_\_\_ Other \_\_\_\_\_

**On Reserve:** Yes \_\_\_\_\_ No \_\_\_\_\_ **Treaty #** \_\_\_\_\_ **Band:** \_\_\_\_\_

**Self Identifying:** First Nations \_\_\_\_\_ Metis \_\_\_\_\_ Inuit \_\_\_\_\_



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**Contact Information**

Name of Parents/Caregivers: \_\_\_\_\_

Address: \_\_\_\_\_ Postal code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Legal Guardian(s): \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

**Copy of 2 pieces of legal guardian ID enclosed:** Yes \_\_\_\_\_ No \_\_\_\_\_

**Guardianship Enclosed:** Yes \_\_\_\_\_ No \_\_\_\_\_ NA \_\_\_\_\_

**Current Support or Agency involvement**

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_



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## Assessment & Diagnostics Services Intake Form

Is Child & Family Services (CFS) currently involved? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, at what level: \_\_\_\_\_

Caseworker: \_\_\_\_\_ Agency: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Has CFS ever been involved? Yes \_\_\_\_\_ No \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Clinic: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Are there any legal or pending court dates? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, please provide details \_\_\_\_\_

List all the placements the client has had from birth through to age 18

Placement Type	Community	Duration	Client Age	Reason



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**Assessment & Diagnosis**

Have any assessments been completed to date? Yes \_\_\_\_\_ No \_\_\_\_\_

If so attach copies or list assessments and name of the professional involved

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Please check all areas of concern with brief explanation:

\_\_\_\_\_ FASD related facial features \_\_\_\_\_

\_\_\_\_\_ FASD related behaviors \_\_\_\_\_

\_\_\_\_\_ Problems at home \_\_\_\_\_

\_\_\_\_\_ Problems at school/work \_\_\_\_\_

\_\_\_\_\_ Work/School Readiness \_\_\_\_\_

\_\_\_\_\_ Work/School Attendance \_\_\_\_\_

\_\_\_\_\_ Learning/Academic \_\_\_\_\_

\_\_\_\_\_ Cognition/Memory \_\_\_\_\_

\_\_\_\_\_ Fine & or Gross Motor Skills \_\_\_\_\_

\_\_\_\_\_ Speech/Language \_\_\_\_\_

\_\_\_\_\_ Social/friends \_\_\_\_\_

\_\_\_\_\_ Bullying/Cyberbullying \_\_\_\_\_

\_\_\_\_\_ Substance Abuse \_\_\_\_\_

\_\_\_\_\_ Trouble with the law \_\_\_\_\_

\_\_\_\_\_ Sleep \_\_\_\_\_

\_\_\_\_\_ Suicide attempt/Ideation \_\_\_\_\_



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\_\_\_\_\_ **Health/Lifestyle** \_\_\_\_\_

\_\_\_\_\_ **Reproductive Health** \_\_\_\_\_

\_\_\_\_\_ **Medical** \_\_\_\_\_

\_\_\_\_\_ **Abstract Concepts (time/money)** \_\_\_\_\_

\_\_\_\_\_ **Hyperactivity/Impulsivity** \_\_\_\_\_ **Attention** \_\_\_\_\_ **Emotional/Mood**

**What are the client's strengths and interests?** \_\_\_\_\_

\_\_\_\_\_

**Extra-curricular Activities (sports, hobbies):** \_\_\_\_\_

**Cultural Activities:** \_\_\_\_\_

**Spiritual/Religious Activities:** \_\_\_\_\_

**Current Program Involvement**

**Does the client currently attend a school or training program?** Yes \_\_\_\_\_ No \_\_\_\_\_

**Name of School of Program:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Is the client currently employed?** Yes \_\_\_\_\_ No \_\_\_\_\_

**Health History**

**Was the client born with (or later discovered to have) any birth defects (e.g. cleft palate, congenital heart defects, clubfoot, etc.)?** Yes \_\_\_\_\_ No \_\_\_\_\_ Unknown \_\_\_\_\_

**If yes, please explain** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Has the client had any Chronic Illnesses?**

**If yes please explain** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



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Has this client had any surgeries since birth? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has the client had any hospitalizations since birth? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please explain \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Other historical health related issues**

	Yes	No
Physical Abuse		
Sexual Abuse		
Did a physician evaluate this?		
Emotional Abuse		
Neglect		
Witness to Violence		
Other		

**Neurological/Mental Health History**

Has this client ever had seizures? Yes \_\_\_\_\_ No \_\_\_\_\_

Bed wetting or soiling after 8 yrs old? Yes \_\_\_\_\_ No \_\_\_\_\_

Is this continuing today? Yes \_\_\_\_\_ No \_\_\_\_\_



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Head injury leading to unconsciousness? Yes \_\_\_\_\_ No \_\_\_\_\_

CT or MRI scan of brain? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes where was this done? \_\_\_\_\_

Has client ever been diagnosed with ADD/ADHD? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, age of evaluation? \_\_\_\_\_

Treatment prescribed ? \_\_\_\_\_

List of Current Medications/Treatments:

\_\_\_\_\_  
\_\_\_\_\_

**Pregnancies of Biological Mother (including miscarriage and abortion)**

Year	Length of pregnancy	Name of child	Born Alive		Normally Developed		Behavioral/Learning Problems	Other Diagnosis
			Yes	No	Yes	No		

**If more space is needed, please use "Additional Information" on page 14**





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**Family Medical History**

	<b>Birth Mother</b>	<b>Birth Father</b>	<b>Birth Mother's Family</b>	<b>Birth Father's Family</b>	<b>Siblings full/half</b>
<b>Alcohol Use</b>					
<b>Alcoholism</b>					
<b>Premature Death related to Alcohol</b>					
<b>FASD</b>					
<b>Birth Defects Related to Alcohol</b>					
<b>Other Birth Defects</b>					
<b>Developmental Delays</b>					
<b>ADD/ADHD</b>					
<b>Autism</b>					
<b>Learning Disorders</b>					
<b>Vision Problems</b>					
<b>Hearing Problems</b>					
<b>Childhood bedwetting</b>					
<b>Seizure Disorders (epilepsy)</b>					
<b>Other medical conditions</b>					
<b>Schizophrenia</b>					



Family Medical History Continued	Birth Mother	Birth Father	Birth Mother's Family	Birth Father's Family	Siblings full/half
Depression					
Suicide/Suicidal Ideation					
PTSD					
Bi-polar Disorders					
Other Mental Health Issues					
Physical Abuse					
Sexual Abuse					
Childhood Neglect					
Emotional Abuse					
Family Violence Issues					
Trouble with the Law					
Other					

**Biological Family History**

Birth Mother: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

**At time of Client's birth:**

Age: \_\_\_\_\_ Marital Status \_\_\_\_\_

Living Situation/Accommodations \_\_\_\_\_



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**History of: Learning/Employment Difficulties:** \_\_\_\_\_

**Birth Father:** \_\_\_\_\_

**Birthdate:** \_\_\_\_\_ **Phone:** \_\_\_\_\_ **Cell:** \_\_\_\_\_

**History of: Learning/Employment Difficulties:** \_\_\_\_\_

**Substance Use History**

**Describe birth mother's life 1 year before client was born:** \_\_\_\_\_

\_\_\_\_\_

**Describe birth mother's social life at the time at the time of the pregnancy:** \_\_\_\_\_

\_\_\_\_\_

**Did the birth mother have any chronic illnesses, mental health related concerns, stress related circumstances during the pregnancy? If so, please describe:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**What types of alcohol (beer, wine, coolers, liquor) did birth mother consume during pregnancy.**

\_\_\_\_\_

**What part of her pregnancy was the alcohol consumed? 1<sup>st</sup> trimester \_\_\_\_\_ 2<sup>nd</sup> trimester \_\_\_\_\_  
3<sup>rd</sup> trimester \_\_\_\_\_**

**How much alcohol was consumed throughout the pregnancy?**

1-3 drinks

4-9 drinks

10+ drinks



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**How often was alcohol consumed throughout the pregnancy?**

Daily                      Weekly                      Monthly

**What types of and how often were solvents, if any, did birth mother drink during pregnancy. Solvents are things like mouthwash or cleaning supplies that contain alcohol.**

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**Did the birth mother smoke cigarettes during the pregnancy? Yes \_\_\_\_\_ No \_\_\_\_\_**

**How many cigarettes per day? \_\_\_\_\_**

**During which part of her pregnancy? 1<sup>st</sup> trimester \_\_\_\_\_ 2<sup>nd</sup> trimester \_\_\_\_\_ 3<sup>rd</sup> trimester \_\_\_\_\_**

**Did the birth mother use drugs (prescription and/or over the counter) during the pregnancy?**

Yes \_\_\_\_\_ No \_\_\_\_\_

**If so, what type(s)? \_\_\_\_\_**

**During which part of the pregnancy? 1<sup>st</sup> trimester \_\_\_\_\_ 2<sup>nd</sup> trimester \_\_\_\_\_ 3<sup>rd</sup> trimester \_\_\_\_\_**

**Source of this information (full name and relationship to the client) \_\_\_\_\_**

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**Present Situation**

**Please describe history of contact with absent birth parents, siblings, maternal extended family and paternal extended family:**

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**List all the persons living in the client's current home and their relationship.**

Name	Age	Relationship to Client



## Assessment & Diagnostic Services Consent to Release Information

I, \_\_\_\_\_ (full legal name of adult client),  
 born \_\_\_\_\_ (dd/mm/yyyy) hereby authorize the Northwest  
 Central Alberta Fetal Alcohol Spectrum Disorder Network to RELEASE the following information  
 verbally or in writing.

This information is to be released to the following identified sources. Please specify the  
 information to be RELEASED by **selecting the corresponding letter** from list below (i.e. A-F) **AND**  
 by placing your **INITIALS** beside each selected item.

- A. Assessment & Diagnostic Services Summary Report and Recommendations  
 (Short 1-Page Summary Report)
- B. Psychological Assessment Report
- C. Speech Language Assessment Report
- D. Occupational Therapy Assessment Report
- E. Medical Summary Report
- F. All Reports Listed Above

Initials	Information	Source
_____	_____	Family Doctor
_____	_____	School Division
_____	_____	Family Supports for Children with Disabilities
_____	_____	Other: (e.g. AMHS, AISH, CFSA, FCSS)
_____	_____	Program evaluation and research

\_\_\_\_\_  
 Signature of Client

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Signature of Witness

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Print Name of Witness



P.O.Box5389WestlockABT7P2P5  
780-284-3415, 780-974-7112 or 780-305-9547

## Adult Assessment & Diagnostic Services Consent to Obtain/Release Information

I, \_\_\_\_\_(full legal name of client),  
born \_\_\_\_\_(dd/mm/yyyy) hereby authorize the Northwest  
Central Alberta Fetal Alcohol Spectrum Disorder Network to OBTAIN/RELEASE  
confidential information verbally or in writing for the purpose of coordinating an  
assessment and diagnosis, developing continuum of care recommendations, and to make  
appropriate referrals.

This consent form is to be effective for the duration of the client’s involvement with the  
assessment, diagnostic, and intervention services and may be withdrawn by the client at  
any time during this process.

Name and address of individual/agency(ies) from/for whom information is to be  
obtained/released:

Northwest Central Alberta FASD Network  
Box 5389  
Westlock, Alberta T7P 2P5  
Contact: Sharon Pearcey

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name of Witness



## **Assessment & Diagnostic Services Authorization to Obtain Information**

I, \_\_\_\_\_ (full legal name of adult client),  
born \_\_\_\_\_ (dd/mm/yyyy) hereby authorize the Northwest Central Alberta  
Fetal Alcohol Spectrum Disorder Network to obtain the following information verbally or in writing.

***Please INITIAL and place an (X) beside the information to be obtained.***

- \_\_\_\_\_ Birth records and other medical records  
(Including newborn discharge summaries, nursing notes and immunization records)
- \_\_\_\_\_ Past and current educational records
- \_\_\_\_\_ Speech, language, psychological, and other assessments
- \_\_\_\_\_ Children's Services Records
- \_\_\_\_\_ Justice or Correctional Services Information, reports and history
- \_\_\_\_\_ Mental Health Assessments, reports, and history
- \_\_\_\_\_ Photos
- Other: \_\_\_\_\_

This information will be used to assist the Northwest Central Alberta FASD Network Diagnostic team to determine a diagnosis, develop continuum of care recommendations and to make appropriate referrals.

This consent form is to be effective for the duration of the client's involvement with the assessment, diagnostic and intervention services and may be withdrawn by the client/legal guardian at any time during this process.

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Witness

Name <i>(last, first)</i>		
Birthdate <i>(yyyy-Mon-dd)</i>		
PHN#	HRN#	CoMIS#

## Consent to Disclose Health Information

The patient/client or his/her authorized representative must complete this form before AHS may disclose the patient's/client's health information to someone else (*unless Alberta's Health Information Act authorizes disclosure without consent*). The information on this form, together with any record authorizing a representative to act on behalf of the patient/client, is being collected under part 3 of the Health Information Act for the purpose of recording the patient's/client's consent to the specified disclosure and will be filed on the patient/client record. For questions about this collection of information, contact the program area that provided you this form or contact the Chief Privacy Officer at 10301 Southport Lane SW, Calgary, AB T2W 1S7 or call 1.877.476.9874.

Patient/client name				
Date of birth <i>(yyyy-Mon-dd)</i>		Personal health number <i>(authorized by HIA s.21(1))</i>		
Address	City/Town	Province	Postal Code	
Details of health information being disclosed <i>(write in full without abbreviations, include dates of treatment)</i> Nursing Notes, Birth Records, Developmental screens, SLP and OT Assessments, Mental Health, Lab Reports, Out Pt Records, ER Visits, CAPC Records, DI Reports. Any other records in the chart.				
<b>Identify below where records exist</b>				
Health service provider, hospital, clinic, program		City/Town		
Date consent is effective <i>(yyyy-Mon-dd)</i>		Expiry date <i>(valid for 2 years if no date)</i> <i>(yyyy-Mon-dd)</i>		
Name of individual(s)/organization(s) information is being disclosed to Northwest Central FASD Network				
Phone 780-674-4141	Address Box 5389	City/Town Westlock	Province AB	Postal Code T7P 2P5
Purpose(s) of disclosure Clinic for Assessment				
<b>Authority of person(s) giving consent</b> <i>(If signing on behalf of the patient/client, indicate your authority below and provide a copy of the document which authorizes you)</i>				
<input type="checkbox"/> <b>Guardian (or Trustee)</b> - of a minor under the age of 18 years, who is not determined to be a mature minor - named in a Guardianship Order/appointed under the Adult Guardianship and Trusteeship Act, if access to health information relates to the powers and duties of the guardian (or trustee)				
<input type="checkbox"/> <b>Nearest relative under Mental Health Act</b> - if access to health information is necessary to carry out obligations of the nearest relative				
<input type="checkbox"/> <b>Agent</b> - appointed in an enacted personal directive according to the Personal Directives Act				
<input type="checkbox"/> <b>Personal representative</b> - of a deceased patient, if the access to information relates to administration of the individual's estate				
<input type="checkbox"/> <b>Power of attorney</b> - if access to health information relates to the powers and duties of the attorney				
<input type="checkbox"/> <b>Written authorization</b> - any written authorization from the individual to act on the individual's behalf				
<input type="checkbox"/> <b>Specific decision maker</b> - as defined in the Adult Guardianship and Trusteeship Act				
I authorize AHS to disclose the health information described above to the individual(s) or organization(s) identified above. I understand why I have been asked to disclose my individually identifying information. I am aware of the risks and benefits of consenting, or refusing to consent, to the disclosure of my health information. I understand that I may revoke this consent in writing at any time.				
Name of person giving consent		Signature		Date <i>(yyyy-Mon-dd)</i>